

## *Hoss's Wellness Committee*

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Hoss's Steak and Sea House has formed a committee made up of different employees of Hoss's who work in specific areas and are in charge of specific functions of the company such as District Managers, General Managers, Corporate Employees, Central Processing, and HFX. The committee was developed to aid Hoss's Steak and Sea House in educating, communicating, and training wellness issues to employees to lead healthier lifestyles.



Results of the Wellness Committee will be to improve the health status of employees, increase productivity, reduce absenteeism, improve morale, lower insurance costs, and control risk factors.

It is the hope of the Wellness Committee to meet every quarter and distribute certain findings to all employees by daily newsletter, web site, quarterly meetings, and newsletters to help them lead healthier and longer lives. The committee will also be conducting several contests to have fun while getting healthier.